

Hey! I am

CROSSTRAINING





Supercharged. For. Pros!







It consists of 12 upright columns, 4 sandbag beams and monkey bars. Combine different accessory combinations to meet the needs of Group Training and Cross Training.





The 16 upright columns on this fitness rig provide ample space for you to expand your training routine. In addition, the undulating monkey bars offer a unique twist to traditional strength training, allowing you to challenge your muscles in new and exciting ways.





A basic style with 4 upright columns, sturdy and durable. Allow groups to perform exercises such as climbing, squats, and





A large fitness rig of 18 columns with 2 sandbag beams and a horizontal monkey bar allows for a large range of climbing training and can accommodate large groups.



