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ALIEN SERIES



Standing Multi Flight / U2046



Dimension: 1425*886*1990 mm

⚠ Weight: 322 kg

■ Weight Stack: 80 kg

■ The Standing Multi Flight is a multifunctional machine for a complete upper body workout. With height adjustment of the rotation centers, counterbalanced and starting angle adjustment, this machine ensures a natural and effective adaptation of the load.

Prone Leg Curl / U2001C



Dimension: 1650*980*1490 mm

▲ Weight: 225

■ Weight Stack: Standard: 95 kg Heavy: 140 kg ■ The Alien Series Prone Leg Curl uses a prone design to enhance the ease-of-use experience. The widened elbow pads and grips help users to better stabilize the torso, and the ankle roller pads can be adjusted according to different leg lengths and ensure stable and optimal resistance.



Leg Extension / U2002C



1565*1050*1490 mm

▲ Weight: 230 kg

■ Weight Stack: Standard: 110 kg Heavy: 140 kg The Alien Series Leg Extension have multiple starting positions, which can be adjusted freely according to user needs to improve exercise flexibility. The adjustable ankle pad allows the user to choose the most comfortable posture in a small area. The seat and back pad have been ergonomically optimized for better support and comfort, which also allows the knees to be easily aligned with the pivot axis to achieve good biomechanics.

Leg Press / U2003C



Dimension: 2090*1080*1490 mm

▲ Weight: 240 kg

■ Weight Stack: Standard: 109 kg Heavy: 139 kg ■ The Alien Series Leg Press have widened foot pads. To achieve a better training effect, the design allows full extension during exercises, and supports maintaining verticality to simulate a squat exercise. The seat and back pad have been ergonomically optimized for better support and comfort, which also can provide different users with their desired starting positions.



Butterfly Machine / U2004C



⇒ Dimension: 8700*1500*1620 mm

▲ Weight: 230 kg

■ Weight Stack: Standard: 110 kg

Heavy: 140 kg

■ The Alien Series Butterfly Machine is designed to effectively activate most of the pectoral muscles while minimizing the influence of the front of the deltoid muscle through the decline movement pattern. The seat and back pad have been ergonomically optimized for better support and comfort. In the mechanical structure, the independent motion arms make the force exerted more smoothly during the training process, and their shape design allows users to get the best range of motion.

Lateral Raise / U2005C



Dimension: 980*1290*1490 mm

▲ Weight: 178 kg

■ Weight Stack: 52 kg

■ The Alien Series Lateral Raise is designed to allow exercisers to maintain a sitting posture and easily adjust the height of the seat to ensure that the shoulders are aligned with the pivot point for effective exercise. The seat has been ergonomically optimized for better support and comfort. And upright open design makes the device easy to enter and exit.



Shoulder Press / U2006C



Dimension: 1750*1350*1490 mm

▲ Weight: 237 kg

■ Weight Stack: Standard: 110 kg Heavy: 140 kg ■ The Alien Series Shoulder Press use a decline back pad with an adjustable seat to better stabilize the torso while adapting to users of different sizes. Simulate shoulder press to better realize shoulder biomechanics. The device is also equipped with comfortable handles with different positions, which increases the comfort of exercisers and the variety of exercises.

Pec Fly / Rear Delt / U2007C



Dimension: 1240*940*2110 mm

▲ Weight: 235 kg

■ Weight Stack: 110 kg

The Alien Series Rear Delt / Pec Fly is designed with adjustable rotating arms, which is designed to adapt to the arm length of different exercisers and provide the correct training posture. The independent adjustment cranksets on both sides not only provide different starting positions, but also make exercise variety. The long and narrow back pad can provide back support for Pec Fly and chest support for the deltoid muscle.



Vertical Press / U2008C



1510*1059*1814 mm

▲ Weight: 246 kg

■ Weight Stack: Standard: 110 kg Heavy: 140 kg ■ The Alien Series Vertical Press is great for training upper body muscle groups. The adjustable back pad is used to provide a flexible starting position, which balanced both comfort and performance. The split-type motion design allows exercisers to choose a variety of training programs. The low pivot of the movement arm ensures proper path of motion and easy entrance/exit to and from the unit.

Dip / Chin Assist / U2009C



Dimension: 1550*1370*2360 mm

▲ Weight: 220 kg

■ Weight Stack: 88 kg

■ The Alien Series Dip/Chin Assist is a mature dual-function system. Large steps, comfortable knee pads, rotatable tilt handles and multi-position pull-up handles are part of the highly versatile dip/chin assist device. The knee pad can be folded to realize the user's unassisted exercise. A more reasonable placement of weight stacks and training areas improves the overall stability and ease of use of the equipment.



Lat Pulldown / U2012C



Dimension: 1190*1200*2230 mm

▲ Weight: 249 kg

■ Weight Stack: Standard: 110 kg Heavy: 135 kg ■ The Alien Series Lat Pulldown follows the outstanding design style of this category, with the pulley position on the device allowing the user to move smoothly in front of the head. The seat and adjustable thigh pads have been ergonomically optimized for better support and comfort.

Incline Press / U2013C



Dimension: 2070*1485*1490 mm

▲ Weight: 274 kg

■ Weight Stack: Standard: 110 kg Heavy: 140 kg The Alien Series of Incline Press meet the needs of different users for incline presses with a small adjustment through adjustable seat and back pad. The dual-position handle can meet the comfort and exercise diversity of exercisers. The seat and back pad have been ergonomically optimized for better support and comfort. And reasonable trajectory allows users to train in a less spacious environment without feeling crowded or restrained.



Rotary Torso / U2018C



Dimension: 1145*1018*1490 mm

▲ Weight: 166 kg■ Weight Stack: 65 kg

■ The Alien Series Rotary Torso is a powerful and comfortable device that provides users with an effective way to strengthen the core and back muscles. The kneeling position design is adopted, which can stretch the hip flexors while reducing the pressure on the lower back as much as possible. The uniquely designed knee pads ensure the stability and comfort of use and provide protection for multiposture training.

Abductor & Adductor / U2021C



1630*746*1490 mm

▲ Weight: 235 kg

■ Weight Stack: 92 kg

■ The Alien Series Abductor & Adductor features an easy-adjust start position for both inner and outer thigh exercises. Dual foot pegs accommodate a wide range of exercisers. The seat and back pad have been ergonomically optimized for better support and comfort. And pivoting thigh pads are angled for improved function and comfort during workouts, making it easier for exercisers to focus on muscle strength.



Seated Leg Curl / U2023C



Dimension: 1475*1100*1490 mm

▲ Weight: 235 kg

■ Weight Stack: Standard: 92 kg Heavy: 140 kg ■ The Alien Series Seated Leg Curl is designed with adjustable calf pads and thigh pads. The wide seat cushion is slightly inclined to correctly align the exerciser's knees with the pivot point, helping customers find the correct exercise posture to ensure better muscle isolation and higher comfort.

Glute Isolator / U2024C



Dimension: 1045*1230*1490 mm

▲ Weight: 139 kg

■ Weight Stack: Standard: 49 kg

Heavy: 94 kg

■ The Alien Series Glute Isolator based on the standing position on the ground, targets to train the muscles of the hips and standing legs. Elbow pads, adjustable chest pads and handles provide stable support for different users. The use of fixed floor feet instead of counterweight plates enhances the stability of the device while increasing the space for movement, the exerciser enjoys a stable thrust to maximize hip extension.



Seated Dip / U2026C



Dimension: 1562*1225*1490 mm

▲ Weight:

■ Weight Stack: Standard: 110 kg Heavy: 140 kg ■ The Alien Series Seated Dip adopts a design for the triceps and pectoral muscle groups. The equipment realizes that while ensuring the safety of training, it replicates the movement path of the traditional push-up exercise performed on parallel bars and provides supported guided exercises. The seat and back pad have been ergonomically optimized for better support and comfort.

Seated Tricep-Flat / U2027C



12 Dimension: 980*1235*1490 mm

▲ Weight:

■ Weight Stack: Standard: 65 kg

Heavy: 110 kg

■ The Alien Series Seated Triceps Flat, through the seat adjustment and integrated elbow arm pad, ensures that the exerciser's arms are fixed in a correct training position, so that they can exercise their triceps with the highest efficiency and comfort. The structure design of the equipment is simple and practical, considering the ease-ofuse and training effect.



Triceps Extension / U2028C



Dimension: 1160*980*1490 mm

▲ Weight: 165 kg

■ Weight Stack: Standard: 65 kg Heavy: 110 kg ■ The Alien Series Triceps Extension adopts a classic design to emphasize the biomechanics of triceps extension. To allow users to exercise their triceps comfortably and efficiently, the seat adjustment and tilt arm pads play a good role in positioning.

Biceps Curl / U2030C



Dimension: 1200*940*1490 mm

▲ Weight: 160 k

■ Weight Stack: Standard: 65 kg Heavy: 110 kg ■ The Alien Series Biceps Curl has a scientific curl position, with a comfortable automatic adjustment handle, which can adapt to different users. The single-seater adjustable ratchet can not only help the user find the correct movement position, but effective stimulation of the biceps can make the training more perfect. The seat has been ergonomically optimized for better support and comfort.



Back Extension / U2031C



Dimension: 1270*1005*1490 mm

▲ Weight: 241 kg

adjustable back rollers, allowing the exerciser to freely choose the ■ Weight Stack: 110 kg range of motion. The widened waist pad provides comfortable and excellent support throughout the entire range of motion. Simple lever principle, excellent sports experience.

■ The Alien Series Back Extension have a walk-in design with

Long Pull / U2033C



1800*1350*1820 mm

215 kg ▲ Weight:

■ Weight Stack: 110 kg

■ The Alien Series LongPull not only can it be used as a part of the serial modular core of a plug-in workstation or a multi-person station, but it is also can be used as an independent mid row device. The LongPull has a raised seat for convenient entry and exit. Separate foot pad can adapt to users of different body types without obstructing the motion path of the device. The mid-row position allows users to maintain an upright back position. Handles are easily interchangeable.

Vertical Row / U2034C



Dimension: 1200*1300*1490 mm

▲ Weight: 227 kg

■ Weight Stack: Standard: 95 kg Heavy: 110 kg The Alien Series Vertical Row has an adjustable chest pad and seat height and can provide a starting position according to the size of different users. The seat and chest pad have been ergonomically optimized for better support and comfort. And L-shaped design of the handle allows users to use both wide and narrow gripping methods for training, to better activate the corresponding muscle groups.

Pull Down / U2035C



Dimension: 1320*1400*1920 mm

▲ Weight: 267 kg

■ Weight Stack: 110 kg

The Alien Series Pulldown features a refined biomechanical design that provides a more natural and smoother path of motion. The ergonomically optimized seat and roller pads maximize comfort and stability for exercisers of all sizes while helping exercisers position themselves correctly.



Abdominal Isolator / U2073C



1330*1025*1490 mm

▲ Weight: 214 kg■ Weight Stack: 95 kg

■ The Alien Series Abdominal Isolators follow a walk-in minimalist design with no unnecessary adjustment steps. Uniquely designed seat pad provides strong support and protection during training. Foam rollers provide effective cushioning for training, and counterweights provide low starting resistance to ensure smooth and safe movement.

Chest & Shoulder Press / U2084C



1810*1480*1490 mm

▲ Weight: 256 kg

■ Weight Stack: 110 kg

■ The Alien Series Chest Shoulder Press realizes the integration of the functions of the three machines into one. On this machine, the user can adjust the pressing arm and seat on the machine to perform bench press, upward oblique press and shoulder press. The seat and back pad have been ergonomically optimized for better support and comfort. And comfortable oversized handles in multiple positions, combined with the simple adjustment of the seat, allow users to easily sit in position for different exercises.



Lat Pull Down & Low Row / U2085C



Dimension: 1980*1145*2240 mm

▲ Weight: 228 kg■ Weight Stack: 110 kg

■ The Alien Series Lat & Pulley Machine is a dual-function machine with lat pulldown and mid-row exercise positions. It features an easy-to-adjust thigh hold-down pad, extended seat and foot bar to facilitate both exercises. Without leaving the seat, you can quickly switch to another training through simple adjustments to maintain training continuity.

Leg Extension & Leg Curl / U2086C



Dimension: 1455*1040*1490 mm

▲ Weight: 255 kg

■ Weight Stack: 110 kg

■ The Alien Series Leg Extension / Leg Curl is a dual-function machine.

Designed with convenient shin pad and ankle pad, you can easily adjust from the sitting position. The seat and back pad have been ergonomically optimized for better support and comfort. And shin pad, located below the knee, is designed to help the leg curl, thereby helping users find the correct training position for different exercises.



Camber Curl & Triceps / U2087C



1335*1085*1490 mm

▲ Weight: 225 kg★ Weight Stack: 110 kg

■ The Alien Series Camber Curl Triceps use biceps/triceps combined grips, which can accomplish two exercises on one machine. The single-seater adjustable ratchet can not only help the user find the correct movement position, but also ensure the best comfort. The seat and back pad have been ergonomically optimized for better support and comfort. And correct exercise posture and force position can make exercise performance better.

Abdominal & Back Extension / U2088C



1550*1100*1490 mm

▲ Weight: 245 kg

■ Weight Stack: 110 kg

■ The Alien Series Abdominal/Back Extension is a dual-function machine designed to allow users to perform two exercises without leaving the machine. Both exercises use comfortable padded shoulder straps. Easy position adjustment provides two starting positions for back extension and one for abdominal extension.



COLOR OPTIONS





Frame

Upholstery





Frame

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Upholstery



Pearl White

Frame

Upholstery

UPHOLSTERY COLOR OPTIONS BLACK

SADDLE BROWN

REDDISH BROWN

МОСНА